



**CALGARY  
PATRIOTS**

*"Serving Calgary for 30 Years"*

## Calgary Patriots Open Club Records

### Short Course

Erica Morningstar	7-Dec-07	24.84	50 Free	23.89	8-Nov-08	Ryan Thornley
Erica Morningstar	7-Dec-07	53.35	100 Free	52.50	19-Mar-09	Ryan Thornley
Erica Morningstar	14-Feb-08	1:56.20	200 Free	1:57.73	12-Feb-09	Ryan Thornley
Courtney Kapustianyk	7-Dec-07	4:19.29	400 Free	4:36.30	15-May-04	Graham Sherwood
Courtney Kapustianyk	9-Nov-07	9:23.11	800 Free	9:47.01	14-Dec-02	James Winfield
<b>Katie Cook</b>	<b>18-Feb-10</b>	<b>18:34.50</b>	1500 Free			
Erica Morningstar	14-Feb-08	29.86	50 Back	27.23	12-Feb-09	Ryan Thornley
Erica Morningstar	27-Oct-07	1:04.06	100 Back	57.70	19-Mar-09	Ryan Thornley
Vanessa Langille	4-Dec-08	2:20.25	200 Back	2:06.19	28-Nov-02	James Winfield
Erica Morningstar	14-Feb-08	31.45	50 Breast	31.91	10-Mar-06	Jeremy Ghent
Erica Morningstar	26-Jan-08	1:13.62	100 Breast	1:11.97	10-Mar-06	Jeremy Ghent
			200 Breast	2:39.71	10-Mar-06	Jeremy Ghent
Erica Morningstar	27-Oct-07	28.86	50 Fly	25.77	12-Feb-09	Ryan Thornley
Courtney Kapustianyk	14-Feb-08	1:03.68	100 Fly	57.23	4-Mar-05	Erik Hogan
			200 Fly			
Erica Morningstar	22-Oct-07	1:05.00	100 IM	1:04.70	6-Oct-07	Ryan Thornley
Erica Morningstar	14-Feb-08	2:09.95	200 IM	2:15.31	19-Mar-09	Ryan Thornley
<b>Katie Cook</b>	<b>18-Feb-10</b>	<b>5:19.27</b>	400 IM			

### Long Course

Erica Morningstar	25-Mar-07	25.56	50 Free	<b>24.64</b>	<b>24-Apr-10</b>	<b>Shane Downey</b>
Erica Morningstar	25-Mar-07	54.08	100 Free	54.55	10-May-05	Erik Hogan
Erica Morningstar	26-Jul-07	1:59.71	200 Free	2:03.73	24-Jul-08	Ryan Thornley
Courtney Kapustianyk	21-Mar-07	4:25.79	400 Free	<b>4:45.02</b>	<b>2-Jul-10</b>	<b>Leo Guilloid</b>
Courtney Kapustianyk	21-Mar-07	9:17.39	800 Free			
Ainsley McFadgen	27-Jul-06	17:53.16	1500 Free			
Erica Morningstar	26-Jul-07	30.29	50 Back	<b>27.01</b>	<b>28-Jul-10</b>	<b>Shane Downey</b>
Erica Morningstar	5-Jul-07	1:05.98	100 Back	<b>58.78</b>	<b>28-Jul-10</b>	<b>Shane Downey</b>
Brittany Ozar	1-Apr-08	2:21.16	200 Back	<b>2:11.97</b>	<b>28-Jul-10</b>	<b>Shane Downey</b>
Erica Morningstar	7-Mar-08	32.31	50 Breast	32.98	28-Apr-06	Jeremy Ghent
Erica Morningstar	1-Apr-08	1:08.78	100 Breast	1:15.38	6-Jul-06	Jeremy Ghent
Carmen Block	6-Jul-06	2:52.98	200 Breast			
Erica Morningstar	5-Jul-07	28.69	50 Fly	<b>26.02</b>	<b>28-Jul-10</b>	<b>Shane Downey</b>
Courtney Kapustianyk	21-Mar-07	1:04.64	100 Fly	58.44	21-Jul-05	Erik Hogan
Sarah Agnew	6-Sep-92	2:23.15	200 Fly	2:23.09	3-Jul-04	Graham Sherwood
Erica Morningstar	22-May-08	2:13.43	200 IM	2:19.72	28-May-04	Graham Sherwood
Carmen Block	27-Jul-06	4:59.51	400 IM			