



**CALGARY
PATRIOTS**

"Serving Calgary for 30 Years"

**PUGSLEY'S PLUNGE
January 21st & 22nd, 2012**

**Hosted by: The Calgary Patriots Swim Club
Sanction #: AB XXXX**

Talisman Centre
Calgary, Alberta
25 meters Short Course Format
8 lanes, Double-ended
Omega 6 Electronic Timing System
HY-TEK Meet Management Software

ELIGIBILITY

All Swimmers currently registered with Swim Alberta or with the corresponding administrator for out-of-province athletes. Entries will be limited to the first 500 swimmers with paid fees.

FORMAT

All events will be **Senior Seeded** for the morning sessions. Senior seeded events will be broken down into 10& under, 11&12, 13&14 and 15 & over age groups for finals, placing and scoring. Saturday's sessions will be run heats and finals and Sunday's session will be swum as time finals.

MEET RULES

All current Swimming/Natation Canada (SNC) rules will apply. There will be no penalty for late scratches, step downs, no shows or incomplete swims. The FINA one start rule will apply. SNC Warm up procedures will be in effect at this meet. Equipment: Flutter Boards and Pullbuoys are allowed; Hand paddles and Flippers (Zoomers) are not allowed

ENTRY LIMIT

Swimmers are limited to a maximum of six individual events. Deck entries will be accepted provided that extra heats are not created. *All Deck Entries are exhibition*

***swims, and will not be scored.* Deck entries will cost \$13.00 for individual events and \$14.00 for relays and be paid at the time of request for a deck entry.**

Meet management reserves the right to alter the program to adhere to the 4 hour session time limitation as required by **Swim Alberta**.

ENTRIES

Entry fees will be \$6.50 for all individual events and \$7.00 for all relays.

It is requested that entries be submitted in HY-TEK format with a hard copy back-up.

Cheques should be made payable to **Calgary Patriots Swim Club**.

Entries are to be submitted by uploading through the swim Canada website.

ENTRY DEADLINE

Entries are due to the Meet Manager by 5:00 p.m. on January 10, 2012.

Scratch deadline: 5:00 p.m. on January 16, 2012. No refund for scratches received after this date.

Entry fees are to be sent to:

Calgary Patriots Swim Club

2225 Macleod Trail South, Calgary, Alberta T2G 5B6

Email: **patriotsmetmanager@yahoo.ca**

RELAYS

Relay cards **must** be submitted to the Clerk of Course by the end of warm-ups of session #2. Relays will swim as timed final events in the evening session.

BILLETING

Billeting is not available.

OFFICIALS

Participating clubs are asked to volunteer one officiating shift per swimmer entered.

Volunteer shifts can be sent to Val Lawton at **calgarypatriotsofficials@yahoo.ca**.

SCORING & AWARDS

Ribbons will be awarded for 1st to 8th place in 10 & U, 11&12, 13&14 and 15 & over categories for individual events and for 1st to 3rd in relays. Events will be scored by the Standard Hy-Tek scoring systems to descending from 20 points for individual events with double points for relays.

RESULTS

Results will be submitted in HY-TEK format to all attending clubs and be posted on the Swim Canada web site.

January 21, 2012

Session No. 1

Warm – up: 8:00 am Start: 9:00 am

| GIRLS | EVENT | BOYS |
|--------------|----------------------|-------------|
| 1 | 200 Freestyle | 2 |
| 3 | 100 Breaststroke | 4 |
| 5 | 50 Backstroke | 6 |
| 7 | 200 IM | 8 |
| 9 | 100 Butterfly | 10 |
| 11 | 50 Freestyle | 12 |
| 13 | 200 Backstroke | 14 |
| 15 | *4 x 50 Medley Relay | 16 |

Session No. 2

Warm – up: 4:30 pm Start: 5:30 pm

Finals for above events.

***Relays will only swim in the evening session.**

January 22, 2012

Session No. 3

Warm – up: 8:00 am Start: 9:00 am

| GIRLS | EVENT | BOYS |
|--------------|------------------|-------------|
| 17 | 100 Freestyle | 18 |
| 19 | 200 Breaststroke | 20 |
| 21 | 50 Butterfly | 22 |
| 23 | 100 Backstroke | 24 |
| 25 | 200 Butterfly | 26 |
| 27 | 50 Breaststroke | 28 |
| 29 | 400 Freestyle | 30 |